

WHAT'S FOR LUNCH?

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Tuna Bake WHEAT (GLUTEN), FISH & SULPHITES	Thai Chicken Curry with Chickpeas CELERY, SULPHITES, MUSTARD	Fresh Tomato & Mozzarella Hand Stretched Pizza WHEAT (GLUTEN), CELERY, SULPHITES & MILK	Pasta Bolognaise WHEAT (GLUTEN), CELERY & SULPHITES	Fish & Chips FISH & WHEAT (GLUTEN)
MAIN (OPTION 2)	Roast Tomatoes and Basil Pasta WHEAT (GLUTEN), CELERY, SULPHITES	Thai Veg Curry with Chickpeas CELERY, SULPHITES, MUSTARD	Hand Stretched Pizza with Mushrooms WHEAT (GLUTEN), CELERY, MILK & SULPHITE	Veg Bolognaise Pasta WHEAT (GLUTEN), CELERY & SULPHITES	Mac 'n' Cheese Bites WHEAT (GLUTEN), CELERY, SULPHITES & MILK
SIDES Where main includes, portion will be offered as optional extra	Rosemary Focaccia WHEAT (GLUTEN)	50/50 Rice Flatbread WHEAT (GLUTEN)	Warm Couscous with Herbs WHEAT (GLUTEN)	Garlic Bread WHEAT (GLUTEN)	Chips Tartare Sauce Mint Sauce Homemade Ketchup SULPHITES
VEGETABLES	Herby Fine Beans Roasted Courgette with Red Onions	Roasted Carrots Broccoli, red peppers and Aubergine	Lettuce and Tomato salad Mushrooms and sundried tomatoes SULPHITES	Carrots and Leeks Pan-Fried Butternut Squash and Sweet Potato	Garden Peas with Butter Pickled Onion SULPHITES Roasted Broccoli and Cauliflower
O EXTRAS	Fresh Fruit Platter and Greek Yoghurt/Smoothie with Fruit Compote Available Daily Monday/Tuesday/Thursday = Yoghurt with Fruit Compote or Homemade Smoothie Wednesday = Strawberry and Lemon Cake GLUTEN (WHEAT) Friday = Chocolate Cake GLUTEN (WHEAT) & SULPHITES The offer of meat and poultry in our school is Halal Week 1 starts the 1st September 2025				

Wherever possible, all food is homemade on site from local, British ingredients. Allergen free options will always be available

WHAT'S FOR LUNCH?

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Pasta al Pomodoro GLUTEN, SULPHITES	Chicken Sausages GLUTEN, SULPHITES	Mac 'N' Cheese CELERY, SULPHITES GLUTEN AND MILK	Chilli con Carne CELERY & SULPHITES	Friday Roast – Chicken Drumsticks
MAIN (OPTION 2)	Tuna, Herbs and Tomato Pasta WHEAT (GLUTEN) & SULPHITES	Veg Sausages GLUTEN, SULPHITES	Farfalle with Cherry Tomatoes, Herbs and Garlic CELERY, SULPHITES, GLUTEN	Chilli Sin Carne CELERY & SULPHITES	Veg Friday Roast – Smoked Tofu SULPHITES & SOYA
SIDES Where main includes, portion will be offered as optional extra	Italian Focaccia WHEAT (GLUTEN)	Roast Potatoes Gravy	Wholemeal Bread GLUTEN	50/50 rice Flatbread WHEAT (GLUTEN)	Roasted Garlic Potatoes Gravy
VEGETABLES	Sweetcorn and Cucumber Salad Spinach and roasted Butternut Squash	Roasted Carrots Roasted Cauliflower and Red Onions	Mixed Leaves, Cucumber and Chickpeas Salad SULPHITES Mushrooms and Roasted Tomatoes	Charred Red Pepper & Sweetcorn Mexican Salad (cucumber, tomato, red onions, coriander) SULPHITES	Roasted Carrots and Red Onions Parsnips
EXTRAS	Fresh Fruit Platter and Greek Yoghurt/Smoothie with Fruit Compote Available Daily Wednesday = Carrot Cake WHEAT (GLUTEN) Friday = Orange Cake WHEAT (GLUTEN) The offer of meat and poultry in our school is Halal Week 2 starts the 8th September 2025				

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