

WHAT'S FOR LUNCH?

WEEK 1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Tomato and Basil Pasta WHEAT (GLUTEN) & SULPHITES	Chicken Ceasar Salad SULPHITES	Fresh Tomato & Mozzarella Pizza WHEAT (GLUTEN), CELERY, SULPHITES & MILK	Chicken Sausages GLUTEN & SULPHITES	Lemon and Butter Chicken Drumsticks SULPHITES
MAIN (OPTION 2)	Tuna fried Rice with sweetcorn, spring onions and parsley WHEAT (GLUTEN), FISH & SULPHITES	Halloumi (MILK) or Tofu (SOYA) Caesar Salad	Pizza with Mushrooms	Veg Sausages SULPHITES	Sweet Potato with grilled Halloumi SULPHITES, & Dairy
SIDES Where main includes, portion will be offered as optional extra	Focaccia WHEAT (GLUTEN)	Flatbread WHEAT (GLUTEN)	Warm Couscous with Parsley WHEAT (GLUTEN)	Roasted Potatoes Roasted Carrots	Pilau Rice
VEGETABLES	Herby Fine Beans Aubergine and Spinach	Sweetcorn and Roasted Peppers SULPHITES Optional: Balsamic Vinegar, Caesar dressing, tomatoes, croutons WHEAT (GLUTEN)	Lettuce and Tomato salad Mushrooms, herbs and roasted onions SULPHITES	Parsnips and Spinach Gravy SULPHITES	Seasoned kale and Sweetcorn Roasted Cauliflower and Red Onions
EXTRAS	Monday/Tuesday/Thursday = Yoghurt with Fruit Compote or Homemade Smoothie Wednesday = Banana Cake w/ cocoa sauce GLUTEN (WHEAT) Friday = Hulk's Cake GLUTEN (WHEAT), EGGS All meats and poultry served in our school are Halal Week 1 Menu starting the 1st, 15th, 29th of June and 13th July 2026				

Wherever possible, all food is homemade on site from local, British ingredients. Allergen free options will always be available

WHAT'S FOR LUNCH?

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN (OPTION 1)	Pasta "al Pomodoro" GLUTEN, SULPHITES	Thai Chicken Curry with Chickpeas SULPHITES, WHEAT (GLUTEN)	Mac 'N' Cheese CELERY, SULPHITES GLUTEN AND MILK	Chilli con Carne SULPHITES	Fish & Chips WHEAT (GLUTEN)
MAIN (OPTION 2)	Tuna Bake MILK, SULPHITES, FISH, GLUTEN	Thai Veg Curry with Squash and Chickpeas SULPHITES, GLUTEN	Salmon Pasta with Cherry Tomatoes, Herbs, Lemon and Garlic GLUTEN, FISH	Chilli Sin Carne (beans, sweet potatoes, cauliflower) MILK, SULPHITES	Feta (or Lentils) & Peas Fritters MILK
SIDES Where main includes, portion will be offered as optional extra	50/50 Baguette WHEAT (GLUTEN)	50/50 Rice Naan Bread GLUTEN	Wholemeal Bread GLUTEN	Long Grain Rice	Chips Tartare Sauce Homemade Ketchup SULPHITES
VEGETABLES	Sweetcorn and Spinach Salad Chef's Special Veg	Roasted Carrots with Parsley SULPHITES	Mixed Leaves and Cucumber SULPHITES Roasted Butternut Squash	Green Beans and Sweetcorn Hamida's Spicy Salad (optional) SULPHITES	Garden Peas with Butter Pickled Onion SULPHITES Cauliflower With Garlic and Chilli Flakes
EXTRAS	Fresh Fruit Platter and Greek Yoghurt/Smoothie with Fruit Compote Available Daily Wednesday = Apple Cake with Lemon WHEAT (GLUTEN) Friday = Special Fruit Salad WHEAT (GLUTEN) All meats and poultry served in our school are Halal Week 2 Menu starting 8th, 22nd June and 6th July 2026				

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