



Being Safe

- **I will follow the school rules:** I will use school devices and the internet only when I am allowed and for schoolwork.
- **I keep passwords safe:** I will never share my passwords and will tell a teacher if someone else finds them out.
- **I check before I click:** I will not click on strange links that I do not know, or pop-ups without checking with a teacher, or parent/carer, nor download things without permission.
- **I respect age limits:** I will not use 13+ games or apps, as they are not safe for me.
- **I protect my identity:** I will not share private details like my address or phone number.
- **I can say no online if I need to:** I don't have to do something just because someone dares or challenges me to do it, or to keep a secret. If I get asked anything that makes me worried, upset or just confused, I will say no, stop chatting and tell a trusted adult immediately.
- **I am a safe researcher:** I use safe search tools approved by my trusted adults. I know I can't believe everything I see, and I know which sites to trust, and how to double check information I come across.
- **I don't livestream on my own:** I check with a trusted adult before I video chat with anybody for the first time.
- **I know that mobile phones must not be taken to school or on trips.**

Being Kind

- **I am a good friend and ally:** I will not post or share unkind, rude, or hurtful messages, images, or videos. If a friend is worried or needs help, I remind them to talk to an adult, report it, or even do it for them.
- **I know what 'banter' means:** I know that calling someone names is not 'fun' or 'banter'—it can hurt people.
- **I don't take secret photos or videos:** I will not take pictures or videos of others without their permission. I will never create fake images, videos, or 'deepfakes' of anyone.
- **I respect work:** I only use other people's work (pictures or words) if I have permission.

Using Technology Responsibly

- **I check with an adult:** I am careful when someone wants to be my friend. Unless I have met them face to face, I can't be sure who they are. I will talk to a trusted adult before chatting with anyone new, even if they claim to be a friend or are a 'chatbot'.
- **I know my body is mine:** I will not send photos or videos of myself or get changed in front of a camera. If I feel uncomfortable, I will stop and tell a trusted adult.
- **I don't pretend to be someone else:** I am always honest about who I am online.
- **I am careful what I share and protect my online reputation:** I know anything I do can be shared and might stay online forever (even on Snapchat or if I delete it).

What to do if something goes wrong

- **It's not my fault:** If I see something bad online or receive an unkind message, it is **not** my fault. I will not get in trouble for telling an adult.
- **I tell someone:** If I see or experience something that makes me feel worried, upset, or confused, I will stop what I am doing and tell a trusted adult straight away.

My Trusted Adults

At school, my trusted adult/s is/are: _____

At home, my trusted adult/s is/are: _____

Signed: _____ Date: _____