

# WHAT'S FOR BREAKFAST/ AFTER SCHOOL CLUB?

**AUTUMN 1  
WEEK 1**

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>BREAKFAST CLUB</b>	Bagel & Scrambled Egg <b>GLUTEN (WHEAT), MILK &amp; EGG</b>	Cocoa & Banana Breakfast Muffins <b>GLUTEN(WHEAT) &amp; SULPHITES</b>	Top Your Own Porridge Bar <b>GLUTEN (WHEAT), SULPHITES &amp; MILK</b>	Granola Breakfast Bars <b>GLUTEN (WHEAT) &amp; SULPHITES</b>	French Toast with Sliced Banana & Honey <b>GLUTEN (WHEAT), EGG &amp; MILK</b>
<b>AFTER SCHOOL CLUB</b>	Baked Potato with Tuna Mayo or Cheese & Beans & Carrot Sticks <b>FISH, MILK &amp; SULPHITES</b>	Spanish Omelette & Peas with Fine Beans <b>EGG &amp; MILK</b>	Chicken or Veggie Hotdogs & Crudites <b>GLUTEN (WHEAT), SOYA &amp; SULPHITES</b>	Cheese, Tomato & Sweetcorn Quesadillas with Mexican Rice Salad <b>GLUTEN(WHEAT), CELERY &amp; SULPHITES</b>	Afternoon Tea, Houmous & Crudites <b>GLUTEN (WHEAT), SOYA, Sulpites, MILK, EGG &amp; FISH</b>
<b>EXTRA</b>	Breakfast is served with a selection of cereals, toast, fresh fruit, and yoghurt After school club meals are served alongside fresh fruit and salad or vegetables <b>Week Commencing: 2<sup>nd</sup> September, 16<sup>h</sup> September, 30<sup>th</sup> September &amp; 14<sup>th</sup> October 2024</b>				

**Wherever possible, all food is homemade on site from local, British ingredients. Allergen free options will always be available**